


St Mary's and All Saints CE Primary School

Progression Map: PE

Greater detail of this subject's progression can be found in our 'PE Long Term Plan - Whole School Progression' Document'. Please speak to the school for further information.

Themes

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Wisdom				Rules of games: Handball Netball Football Rugby Cricket	Rules of games: Handball Netball Football Rounders Tennis	Rules of games: Netball Football Basketball Hockey Cricket	Rules of games: Netball Football Rugby Basketball Hockey Rounders Tennis
Creation Development of key skills	Curiosity Fairness Honesty	Courage Imagination Gratitude	Concentration Empathy Self-Belief	Problem solving Encouragement Resilience Cooperation	Decision Making Trust Responsibility Communication	Resourcefulness Self-Discipline Reflection Integrity	Self-Motivation Respect Evaluation
Love	Teamwork and Sportsmanship 						

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Progression Map: PE

Overview of topics

	Reception	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Autumn	Dance Nursery Rhymes & Dinosaurs	Dance The Zoo	Team Building	Dance Water	Ball Skills Hands 1	Dance Wild Animals	Swimming	Dance Cats	Invasion Games: Handball	Gymnastics Counter Balance and Counter Tension	Invasion Games: Netball	Gymnastics Matching and Mirroring	Games Invasion: Netball
		Health and Wellbeing	Ball Skills Hands 1	Health and Wellbeing	Ball Skills Feet	Health and Wellbeing Mindfulness	Swimming	Health and Wellbeing Mindfulness	Invasion Games: Netball	Dance The Circus	Invasion Games: Football	Dance Titanic	Games Invasion: Football
Spring	Gymnastic High, Low, Over, Under & Moving	Gymnastics Body Parts	Ball Skills Feet	Gymnastics Linking	Locomotion Dodging	Gymnastics Symmetry and Asymmetry	Invasion Games: Handball	Swimming	Games Invasion: Football	Swimming	Games Invasion: Basketball	Invasion Games: Tag Rugby	Games Invasion: Basketball
		Gymnastics Wide, Narrow, Curled	Ball Skills Hands 2	Gymnastics Pathways	Ball Skills: Rackets Bats and Balls	OAA Communica- tion and Tactics	Invasion Games: Tag Rugby	Swimming	Gymnastics Bridges	Swimming	Games Invasion: Hockey	Health Related Exercise	Games Invasion: Hockey
Summer	Games Ball Skills	Locomotion Running 1	Games Ball Skills: Rackets Bats and Balls	Swimming	Locomotion Jumping	Athletics	Games Invasion: Football	OAA Problem- Solving	Net & Wall: Tennis	Health Related Exercise	Athletics	OAA: Leadership	Games Net & Wall: Tennis
	Locomotion Jumping and Walking	Locomotion Jumping	Games For Understand ing	Swimming	Games For understand ing	Games Invasion: Netball	Striking & Fielding: Cricket	Athletics	Games Striking and Fielding Rounders	OAA Orienteering	Games Striking & Fielding: Cricket	Athletics	Games Striking & Fielding: Rounders